## Sherman Oaks Neighborhood Council

**Education Committee** 

Joe Cappelletti, Chair Lisa Cappelletti Fran Kerzner Chris Wiggins Caden Kang, Youth CITY OF LOS ANGELES CALIFORNIA



## Sherman Oaks Neighborhood Council

## NEIGHBORHOOD COUNCILS

Sherman Oaks Neighborhood Council P.O. Box 5721 Sherman Oaks, CA 91413

Website: www.ShermanOaksNC.org

## **Regular Education Committee Meeting Minutes** April 18, 2022 SONC Education Committee Meeting Minutes

6:32pm meeting called to order by Committee Chair, Joe Cappelletti.

Roll Call - Present: Joe Cappelletti, Lisa Cappelletti, Fran Kerzner, Chris Wiggins. Absent: Caden Kang, Student Representative.

March minutes approved.

No public officials present.

Chair Report: Continued outreach to launch projects with intention to expand inaugural programs throughout Sherman Oaks schools.

Kester Elementary requested SONC support for mindfulness program. NPG and program were discussed this evening.

Kester Elementary School PTA Secretary, Tara Kroeger, presented request for support in the continued implementation and expansion of their mindfulness program. The PTA asked for \$3,479.65 to cover the remaining expenses associated with the program. PTA has funded the program to date. This additional SONC funding will provide for its continuation and expansion. Kester is working to find creative ways to meet student social-emotional needs which became more pronounced over the pandemic. The essence of mindfulness is to provide model for emotional regulation a skill set which promotes positive mental health. Program is well thought out, organized and relevant to needs. SONC funding will help provide weekly mindfulness sessions for students and teachers.

Amanda Plummer, PTA President, said program has been impactful. They have video plus written testimonials to share with SONC.

Kira Durbin from Outreach Committee, offered to help share mindfulness videos/photos/testimonials on SONC social media.

Joe Cappelletti, Education Committee Chair, agreed with value of the program and extended considerations regarding how to make it deliverable to other schools - that is, accessible and inviting to other schools.

Another NPG request was presented to support fundraising for No Kid Hungry program. More organized and detailed information will be needed before deciding on merit for SONC financial support.

Fran Kerzner reported that VNSO Park mural project has been put on hold because of complicated process and limited availability of artists.

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Chris Wiggins will be collaborating with Principal Felicia Drew at Louis Armstrong MS on implementing mentorship and garden programs.

Lisa Cappelletti is contacting SO Elementary, Dixie Canyon and Riverside Elementary Schools about expanding our programming into their schools.

Kira Durbin shared about improvements to SONC social media and will ensure recognition of the work being done by the Education Committee. Thanks for your support, Kira!

Thanks for all of your hard work, Education Committee!!

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